



RIVER HEADS REVIEW

JULY 2020

Issue 262



*Photo courtesy of
Graham Bowden*

WE'RE BACK....!

The River Heads Review is proudly sponsored by River Heads Property Sales

INSIDE THIS ISSUE

President's Report	3	Vale Fred Morris	9
Councillor Division 7 News	4-5	Activities	16-17
In Search of Peace	6	This Month's Calendar	18
RH Fishing Club Report	7	Contact List	19
From the Food Forest	8	River Heads Property Sales	20

DISCLAIMER: The views expressed in articles in the River Heads Review are not necessarily those of the River Heads Progress Association.

RHPA MEMBERSHIP BENEFITS

Membership is \$20, and you get all these fantastic benefits, PLUS much more:

- Discount member's meal prices at Rivers Bistro
- Birthday meal at Rivers Bistro to the value of \$15
- Free entry to any functions at the Community Hall where an entry fee is applicable
- Automatic entry in membership draw each Friday evening
- Reduced rate for Community Hall hire
- Reduced rate for advertising in the River Heads Review

JOIN TODAY!

Friday Night Member's Draw

Every Friday night at 7pm if your Member Number is drawn and you are there, you win the jackpot!

If the member is not present, then the prize will jackpot \$10 each week.

You must be present to win the draw - don't miss out!



PRESIDENT'S REPORT - JULY 2020

MEMBERSHIP RENEWAL \$20.00 PER ANNUM IS NOW DUE

Memberships can be renewed at the Community Hall any Tuesday morning or Friday evening (after 10th July). Online renewal can also be done: BSB 633000, A/C 162757926. Simply quote your name in the reference.

I am happy to say that all being well, **Friday night Bistro and Bar will re-open on Friday 10 July**. Social distancing measures will be in place but with this in mind we can still cater to our usual number of patrons. It's been a long, hard road, particularly hard on our financial situation and we have had to have a close look at cost cutting measures, given that we will not have had any revenue for four months with the substantial bills still having to be paid.

Website: Check out our newly re-vamped website www.riverheads.org.au. A big thank you to Adam Cork (technical) and Carola Herbert (content). It is really informative and so well presented. We were mindful of sticking to the '3 clicks' theory to enable ease of navigation. Feedback would be greatly appreciated – info@riverheads.org.au.

Looks like our ambition to install solar power has come to fruition! A big thank you to Crs Darren Everard and David Lewis who have made funding available from their discretionary funds. An amount of \$4,000 has been allocated, and whilst this will not fully cover the cost of the system, it is a big boost. Once we get solar installed we can go full steam ahead to aircon the hall provided we can secure grant funding. This will make hall users and Bistro patrons very happy!!

We are sad to be saying goodbye to lovely Karen Cuddihy from VKs. Karen has been running VKs now for about eight years and has built up a great clientele. We wish Karen all the best in the future and hope to see her socialising at the hall now she is retired. Karen has sold the business to local couple Nathan and Darelle. A very warm River Heads welcome to them and we wish them all the best in their new venture. We understand the cafe will be re-branded as River Heads Cafe & Takeaways but the view, the service and the food will still be fantastic!

Speaking of goodbyes, we are also extremely sad to see the end of an era. Our lovely Karaoke Queen, Rhonda Verrier, is hanging up her CDs after 11 years entertaining us once a month on a Friday evening. Thank you Rhonda for some great memories and fantastic music, especially my favourite Mustang Sally which she sings so well. However, I am sure Rhonda will still be available for private functions needing a DJ and the occasional event at the hall. Please don't be a stranger, Rhonda.

It is also with great sadness we acknowledge the passing of Life Member, Fred Morris. Fred passed away Monday 22nd June after a short illness. From being a foundation member of the group responsible for securing the community hall right up until just recently when, after lending us a generator for the Reserve, Fred kindly donated the generator. We say thank you Fred and rest in peace.

The hall has re-opened for Quilting on a Monday; Library, JP services, garden club and morning tea on Tuesday morning; Indoor bowls Wednesday afternoon; Pool Wednesday evening and Fish Meets Sunday first full weekend each month. **Social distancing and hygiene measures will apply to all activities and hand sanitizer will be at front desk.**

Sporting Teams for River Heads: Anyone interested in forming a team should phone **0499 992 442**. It is high time River Heads was on the sporting map. We have a wealth of sporting talent in our community plus a fantastic playing field and canteen at the Reserve in Seafarer Avenue, so let's get mobilised!! A big thank you to all the guys working on the canteen. They are doing a fantastic job – Nev Watson, Mark Hensel, Nick Burgess and anyone else who has helped.

That's all folks! Take care, **stay well** and enjoy life.

Billie Rustin



We are well and truly into winter and I think we will all agree we have not been treated too badly thus far this year!

It has been a busy time for Council with the adoption of the 20/21 budget last week. This year we will be delivering a \$138 million capital works budget in what we describe as an unprecedented Council budget for unprecedented times.

The economic impact of the COVID-19 pandemic has spread right throughout society and Council has not been immune nor has our community.

Council is tackling the financial challenge head on, and will do what it can to minimise the burden on residents while still investing in the quality services and infrastructure for our growing community.

We are focused on the future with the Fraser Coast's current population of 110,000 people expected to grow to almost 150,000 by 2036, it's important that Council continues to invest in new and improved infrastructure.

Council is providing \$3 million in rates concessions and setting aside \$1 million for further initiatives to help the Fraser Coast through the COVID-19 pandemic.

Almost 30,000 people who live in their own homes will receive \$100 off their July rates notice and a further \$1 million has been set aside for further economic stimulus measures.

Key highlights of Council's 2020/21 capital works budget include:

- \$40.8 million for roads, bridges and drainage;
- \$31.8 million for water, waste and sewerage;
- \$8.1 million for parks, playgrounds and sporting fields;
- \$2.6 million for footpaths and bikeways, and
- \$2.5 million for libraries and cultural services.

Projects specifically for the Booral and River Heads communities:

- \$50,000 for Oslove Park Master Plan Works;
- \$32,000 for River Heads Community Hall Master Plan Works;
- \$995,000 for car parking works at the River Heads Boat ramp.

Community Chat:

As we are all aware we are still dealing with COVID-19. Now with restrictions starting to be lifted I am planning on the restarting of my community chats; I am still in the process of sorting out a process to ensure I am complying with the requirements around recording attendees and the finer details.

I have been getting requests for Saturday chats as well as the Tuesday's gatherings.

COUNCILLOR Division 7 NEWS (Continued)

The plan is to start Tuesday July 28th at the River Heads Hall at 10.30 am.

If you can't make it, I am happy to visit you at home. To make an appointment, please contact me on 0448 045 041 or email: darren.everard@frasercoast.qld.gov.au

Council Information:

Feel free like my <https://www.facebook.com/darreneverardfrasercoast/> for updates on what is going on in the region. I do try and update it as information comes hand.

Please take the time to subscribe to the Fraser Coast Regional Council's weekly newsletter and stay up to date with the latest news. Please visit <https://edm.frasercoast.qld.gov.au/hr/75B355E23BAF3D04>

Council Contact:

Just a reminder that if you have any matters which require urgent Council attention please contact the Council call centre on 1300 79 49 29 and we will do our best to attend to your needs.

Take care and stay well & warm with winter joining us.

Darren



STAY CONNECTED



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Follow us on Twitter
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Visit our website
www.frasercoast.qld.gov.au



Fraser Coast
REGIONAL COUNCIL





In Search of Peace

Written by Sue Watson

One of the last things Jesus told His disciples before leaving this world was, *“In this world you will have trouble.”* John 16:33.

Looking at this year so far I think we could all agree with that! We’ve experienced drought, fires and covid19, and now the ongoing protest marches often with accompanying violence! On top of all that, we can experience stress through poor health, financial deadlines, expectations, personal pressures, all constantly trying to rob us of the peace we desperately desire. No one is immune to stress, frustration, and the feeling that we’re running on a treadmill.

How can we slow down and find peace? Is the answer to be found in a pill, a possession, or in a pleasure? All have a cost! All will eventually “wear off” or wear out. Lasting internal peace is something of great value and hard to find. But it is available without charge.

The Bible talks about three different kinds of peace:

Peace with others. *‘As far as it depends on you, live at peace with everyone.’* (Romans 12:18) This is external peace and it’s necessary for human relationships to flourish.

Peace with yourself. *‘Let the peace of Christ rule in your hearts.’* (Colossians 3:15) This is internal peace, a rest of mind and soul. It is beautiful, and it is attainable as you come to know who you are in Christ, and what your purpose here on earth is, and allow His Spirit to guide you.

Peace with God. *‘Therefore since we have been justified through faith, we have peace with God through our Lord Jesus Christ.’* (Romans 5:1) This is eternal peace, and it comes from knowing you’ve a right relationship with God. It comes through trusting Him in all things. When you’re at peace with God, you’ll be at peace with yourself, and when you’re at peace with yourself you’ll be at peace with others.





Welcome from the Fishing Club.

The July fish meet will be same as June with weigh-in at club shed in lieu of hall. Full details or any changes will be sent with secret code on Friday morning.

Most Outstanding Fish for June was a 63cm Blackall caught by Gary Bateman which was our target species for the month. Congratulations also goes to Gary for his 95cm Mackerel.

Still no news on Great Sandy Marine Park review. We have had discussions with the Department but they are unable to advise when it will be finalised although we are still hopeful that the commercial nets will be removed.

I have done some research on barramundi in the Rockhampton and Gladstone fisheries from the DAF website. Since removal of commercial nets in November 2015, the catch for recreational sector has improved with more fish and bigger fish. The commercial catch in 2011 was 27 times the catch in 2010. This was due to good seasons after good rain and floods in previous years which allowed better spawning conditions and even more importantly, better survival rates for juvenile fish. Also Lake Awoonga was stocked with 3 million fish from 1996 to 2010 and many many thousands went over the spillway during floods in the previous 2 or 3 years.

Barra are individuals and grow at different rates just like people do. They on average reach legal size (58cm) in two to three years. An 83cm fish could be between two to five years.

Most fish at maximum size (120cm) are ten years old. The oldest fish tested back in 2007 was 35 years and only 116cm.

They change sex from male to female by age and not size as is commonly thought but the average is about 85cm. Only 3% of male fish are 95cm or larger with biggest male at 105cm.



PHOTO OF BARRAMUNDI AT 133CM ABOUT 30KG ESTIMATE AS FISH RELEASED

May your lines be tight, hooks sharp and knots strong.

The Editor

FROM THE FOOD FOREST

On Sunday 21st June, members of the Wide Bay Permaculture Facebook group visited the River Heads Food Forest. This was the group's first get-together, and the first for the Food Forest for the year. If you are interested in Permaculture, join the group to find out where the next property/farm/garden visit will be. Assisted by Marilyn and Sa, Christel gave a short presentation on perennial spinaches, along with free cuttings and handouts to start people on their own Food Forest.

The River Heads Food Forest is located at 45 Ariadne Street, River Heads, the space between the hall, toilet block, community garden and car park. It is open all hours as it is the area outside the fenced community garden. With the playground and BBQ shelter, it makes an ideal day trip destination or pit stop. Plant lists are available from the brochure holder on the rear wall of the toilet block. Join the River Heads Food Forest Facebook group to learn more about edible and useful plants that grow well in our sub-tropical climate.



Of interest in the Food Forest at the moment - coffee cherries are ripening, and if you're quick, you might be able to try some. The Atherton raspberries are flowering and will ripen in time for RiverFest. The Misty Plume Bush, aka Nutmeg Bush is about to burst into a shower of white flowers which the bees adore in winter. There are always perennial spinaches to pick all year round for your salads and stir fries.



Christel Schrank

VALE FRED MORRIS

We are saddened to report the passing of RHPA Life Member and long time River Heads resident, Fred Morris, on Monday 22 June after a short battle with cancer. Fred was one of the foundation members who helped secure the community hall for the residents of River Heads some twenty years ago. We are so grateful to people like Fred who had the foresight and energy to be involved in such wonderful community endeavours. May he rest in peace.

There is no doubt about the spirit and kindness of the community of River Heads.

This photo was taken last Christmas. Suzanne and Paul from the RV Park are neighbours and knowing Fred was alone invited him to join them for Christmas lunch. Obviously a delicious meal and a wonderful Christmas was shared by all. Thank you Suzanne and Paul for being so thoughtful in making an old man's last Christmas so enjoyable.



To report orphaned or injured wildlife phone: 1300 ANIMAL

Could residents *please check any dead kangaroos for joeys.*

For dead animals people should phone Council on:

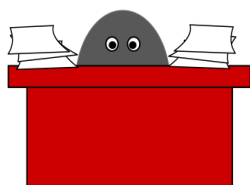
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Editor's Note



SUBMISSIONS FOR THE REVIEW

All members are welcome to contribute articles of interest, photos or a story in our newsletter. RHPA Management Committee reserves the right to refuse to publish any items deemed unsuitable.

Please email the Editor, Carola Herbert: revieweditor@riverheads.org.au

ADVERTISE HERE

For more information
Ring 0499 992 442



Want to place an ad?

The Review is published from February to December each year.

Our current rates are:

SIZE	PER YEAR
Business Card	\$55
1/4 Page	\$129
1/2 Page	\$249
Full Page	\$459

For more information please call us on 0499 992 442 or email info@riverheads.org.au

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July 2020

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Dr Imogen Foster

Imogen is our Principal Dentist and graduated from the University of Birmingham (UK) Dental School in 1988. Her husband Mark and the family decided to move to Australia in 2006 with their three

sons. Four years ago they made the move to Queensland where the family readily adapted to the new warmer climate and outdoor lifestyle of Hervey Bay. *"Now we are living in paradise!"*

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Thank you,
Kathi Saal

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Rivers Bistro & Bar

REOPENING 10 JULY

*Open 5.30pm every Friday
Now with Takeaways available*



*Bar open & Bistro orders taken from 5.30pm
Members draw @ 7pm, Pool Table,
Big Screen TV, Free Wi-fi available
Raffle drawn every Friday with
meat trays, hampers, dinner for 2, & more*

Every 2nd Friday night of the month:

RIVER HEADS FISHING CLUB

Spin the

CHOCOLATE WHEEL

CHOOK RAFFLES



*"Volunteers are not paid
-- not because they are
worthless, but because
they are priceless."*



Indoor Bowls

WEDNESDAY, 1.30pm - 3.30pm

Cost: \$2.50
(includes a cuppa and a biscuit)



For information email
indoorbowls@riverheads.org.au



Open Hours

Monday	10am - 2pm
Tuesday	9.30am - 11am
Wednesday	1.30pm - 3pm
Friday	5.30pm - 8pm

For Information
Phone 0499 992 442



Volunteers needed

Join the Black Apron Crew

We always need more
volunteers for the Black
Apron Crew to help out at
Rivers Bistro on
Fridays

If you have some spare time
and would like to help

Phone 0499 992 442 or
info@riverheads.org.au

Patchwork & Quilting

Monday 10am - 2pm, only \$5.00



BYO Lunch - Tea & Coffee provided

Projects to suit all types of sewing machines

For more information contact Judy on 4125 7726 or 0427 000 982

SOCIAL POOL NIGHT



EVERYONE IS WELCOME TO COME ALONG AND JOIN OUR FRIENDLY GROUP TO PLAY POOL ON WEDNESDAY EVENINGS AT 6.30PM

THE BAR WILL BE OPEN

ANYONE INTERESTED PLEASE PHONE JOHN ON 4125 8362



Hervey Bay Neighbourhood Centre
The Heart Of Our Community

PLAY WITH YOUR KIDS!
Early Year Family Hub

The Play with your kids Family Hub at the Hervey Bay Neighbourhood Centre provides a mobile playgroup to River Heads.

Our FREE playgroup runs on the 1st Thursday of every month at the River Heads Hall, Ariadne Street. The group runs from 9.30-11.30 and is open to all families with children 0-8 years of age.

Come along, bring a friend and have some fun with your kids! Our friendly staff, Helen and Maree will look forward to meeting you there!

For more information please phone the Hervey Bay Neighbourhood Centre on 4194 3000. Please also like and follow our Facebook Page 'Play with your kids' for more information, updates or cancellations.

Tuesday Garden Club

Come along and help make our beautiful garden grow and enjoy some healthy outdoor activity!




















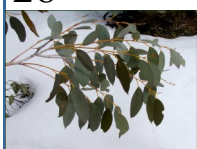









All Welcome

Contact 0499 992 442

July 2020

Friday night RIVERS BISTRO AND BAR WILL RE-OPEN on FRIDAY 10 JULY

Social distancing measures will be in place

MON	TUE	WED	THU	FRI	SAT	SUN
PATCHWORK & QUILTING 10am-2pm	COMMUNITY MORNING TEA (free) 10am	INDOOR BOWLS 1.30-3.30pm SOCIAL POOL NIGHT 6.30pm		RIVERS BISTRO open every Friday from 5.30pm <i>Now with Takeaways</i>		→ THESE ACTIVITIES on every week at your local River Heads Community Hall
<i>Winter is a season of recovery and preparation</i> <i>Paul Theroux</i> 		1 	2	3 	4 Birthday Brenden Rowell	5 
6 Birthday Melinda Barlow	7 	8	9 	10 <i>Re-opening: Rivers Bistro & Bar</i> <small>Open 5-10pm every Friday Now with Takeaways available</small> 	11 Birthday Trish Thompson	12 
13 	14 	15 Birthday Ian Douthie	16 	17 	18 Birthday Sue Allison	19 
20  Birthday Rori Heath	21 Birthday Simon Paterson	22 	23 Birthdays Misa Cork Thomas Knight	24 Birthday Robyn Irwin Reg Pearson	25 	26 Birthday Amanda Herbst
27  Birthday Barry Barwick	28 	29	30 Birthday Lyn Althaus	31 Birthday Judy Smith		
Full Moon  Last Quarter  New Moon  First Quarter 						

Happy Anniversary and Congratulations to:

Paula & Neville Bailey - 14/7;

Rori Heath - 16/7;

Ellie & Richard Wilson - 19/7

River Heads Progress Association Executive Committee

President	Billie Rustin	president@riverheads.org.au
Vice President	Margaret Horlock	vicepresident@riverheads.org.au
Secretary	Sue Kearton	secretary@riverheads.org.au
Treasurer	Jeanne Wilson	treasurer@riverheads.org.au

River Heads Progress Association Management Committee

Registrar	Joan Taylor	registrar@riverheads.org.au
Events Co-ordinator	Keran Smee	events@riverheads.org.au
Key Registrar/Gen Committee	Reg Pearson	keyregistrar@riverheads.org.au
Food & Beverage Manager	Margaret Reynolds	cafemanager@riverheads.org.au
Bar Co-ordinator	Mark Hensel	bar@riverheads.org.au
Roster Co-ordinator	Elizabeth Burgess	roster@riverheads.org.au
Webmaster	Adam Cork	www@riverheads.org.au
Emergency Co-ordinator	Mark Hensel	emergency@riverheads.org.au
Fishing Club Delegate/		
General Committee	Lyn Althaus	rhfc@riverheads.org.au
General Committee (Reserve)	Neville Watson	reserve@riverheads.org.au
General Committee	Elizabeth Stewart	

River Heads Progress Association Non-Committee Positions

Assistant Registrar	Phyllis Jacobsen	registrar@riverheads.org.au
Assistant Treasurer	Sue Church	treasurer@riverheads.org.au
Hall Bookings Co-ordinator	Karen Hensel	bookings@riverheads.org.au
Review Editor	Carola Herbert	revieweditor@riverheads.org.au

River Heads Progress Association Sub-Committees

Rivers Bistro & Bar	Bookings	info@riverheads.org.au
<i>Rivers Bistro Takeaway Orders</i>	<i>Fri: 5.30-7.30pm</i>	info@riverheads.org.au
River Heads Fishing Club	Huxley Althaus, President	rhfc@riverheads.org.au
Reserve Sub-Committee	Neville Watson	reserve@riverheads.org.au
Publicity/Tourism Sub-Committee	Billie Rustin	info@riverheads.org.au
River Heads Action Group	Malcolm Herbert	rhag@riverheads.org.au
Fraser Coast Tourist Radio	Alan Baxter	fctr@riverheads.org.au

FM 88.0 R/Heads & FM 87.8 - Streaming on www.touristfm.org.au

River Heads Progress Association - Activities

Patchwork & Quilting	Judy Smith	4125 7726 or 0427 000 982
Wednesday Social Pool Night	John Bridge	4125 8362
Indoor Bowls	Mike or Robyn Allam	indoorbowls@riverheads.org.au
Tuesday Garden Club	Billie Rustin	} For information call 0499 992 442
Librarian	Keran Smee	
Tuesday morning tea and activities	Margaret Reynolds	
Food Forest/Public Demonstration	Christel Schrank	
Garden	 <i>River Heads Food Forest</i>	

River Heads Kingfisher Rural Fire Brigade

Fire Emergencies 000
River Heads Kingfisher Brigade 0409 076 916 / 07 4125 7897

Community Services

J.P. (Qual)	Billie Rustin	0499 992 442
J.P. (Qual)	Jacqui Rein	0419 740 647
Wildlife Carer	Rose Wright	0427 971 020

Breathtaking Water Views

River Heads • Turtle Cove • Booral

Wow! What turnaround we have seen this month!

From being completely dead quiet under lock down conditions to being flat out within just a few days. A huge surge in buyers wanting to escape Brisbane and the Gold Coast has seen a massive increase in activity.

With just under \$3m in contract being drawn up this month it is one of the best months we have seen in many many years and we hope this trend continues.

The small population, great quality of life and access to all major services we have in River Heads is the big draw card for these buyers. Once the borders open again I'm sure we will see a similar response from NSW residents.

The rental market has remained extremely strong with very few houses available to rent across River Heads. This is continuing to push prices up as the demand continues to increase.

We would also like to welcome the new owners of the River Heads cafe, Nathan and Darelle Baker. We wish Karen and all the VK's crew the very best in the future. The cafe is undergoing some cosmetic work before they re-open so please get down and say hi and check out what they are doing with the cafe.

Visit us today at River
Heads Shopping Village

find us online



Contact Us

Office 07 4125 7777

Shane Logan 0409 796 249

Margaret Berrell 0421 819 124

RENTALS

Wanting a relaxed lifestyle with great views and great fishing?

Come and see us in River Heads! We have permanent rentals and holiday rentals available

Contact our office on

(07) 4125 7777

or email rentals@rhps.com.au

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**FROM
\$15
per night**



Contact our office on (07) 4125 7777
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RIVER HEADS PROPERTY SALES

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