

The River Heads Progress Association acknowledge the Butchulla people - the Traditional Owners of the land we live, work and play on, and pay our respects to their Elders, past, present and emerging.

A nice day for a sausage sizzle

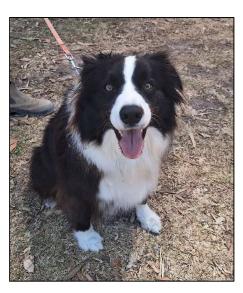


THE sun was shining and the sausages sizzling for the RHPA community barbecue held in the River Heads Park last month.

Committee members along with volunteers from local groups, the She Shack and Fraser Radio (and their family members) enjoyed a day chatting with other locals about happenings in the hall and future plans.

Willing hands: Richard and Bevan manned the barbecue.

Quality control: While young Harley was our furry taste tester for the day.



Rivers Bistro & Bar Opening dates (from 5.30pm) November 10 Fishing Club Raffles November 24 Raffles December 8 Fishing Club Raffles December 15 Raffles & Christmas Dinner

45 Ariadne Street (opposite the shops)





RHPA contact list

Executive	Committee
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PresidentGreg Woodpresident@riverheads.org.auVice PresidentIan Marsdenvicepresident@riverheads.org.auTreasurerMargaret Horlocktreasurer@riverheads.org.auSecretarySusan Woodsecretary@riverheads.org.au

Management Committee

Assistant Treasurer Barbara Marsden info@riverheads.org.au **Assistant Secretary** Karen Hensel info@riverheads.org.au Susan Wood Registrar secretary@riverheads.org.au Liz Stewart **Events Coordinator** events@riverheads.org.au Key Registrar Susan Wood secretary@riverheads.org.au cafemanager@riverheads.org.au Food & Beverage Manager Liz Stewart

 Bar Coordinator
 Mark Hensel
 bar@riverheads.org.au

 Roster Coordinator
 Liz Stewart
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 Webmaster
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 Emergency Coordinator
 Mark Hensel
 emergency@riverheads.org.au

Social Media Coordinator <a hr

Review Editor Tracey Morton <u>info@riverheads.org.au</u> subject review

Fishing Club Delegate Mark Hensel <u>rhfc@riverheads.org.au</u>

Non-Committee Positions

Historian Joanne McLaughlin <u>historian@riverheads.org.au</u>

Affiliated Associations

River Heads Fishing Club Inc Trevor Gordon <u>riverheadsfishingclub@gmail.com</u>

Sub Committees

Fraser Radio

Reserve

Barry Barwick

info@fraserradio.com.au
info@riverheads.org.au

info@riverheads.org.au

Community hall activities & services	Name	Contact
Hall Bookings & Bistro Takeaways (Fri	Susan Wood	0487097700
only)		4125 7726 or 0427 000 982
Patchwork & Quilting Monday morning	Judy Smith	0487097700 or info@riverheads.org.au
Library (Tue or when hall open except	Debbie Berrill	
during private functions)		
Garden Club (Tue 9am)	Marilyn Benbow/ Jackie Wilson	0487097700 or info@riverheads.org.au
She Shack (Tue 9.30am)	Tracey Morton	0434535475 or info@riverheads.org.au
Indoor Bowls—Wed in the Hall 1pm	Mike or Robyn Allam	4125 7683 indoorbowls@riverheads.org.au
Social Pool & Bar nigh, Wednesday 6pm	John Bridge	41257683
Fire Emergencies	River Heads Kingfisher Fire	000 or 0499 987 147
	Service	
Justices of the Peace	Billie Rustin JP	0480449687
	Jacquie Rein JP	0419740647
Wildlife Carer	Rose Wright	0427 971 020
First Responders	Matthew Steer	0487097700

New doctors for River Heads

The River Heads Family Practice is set to open its doors in the Shopping Village on November 6.

The new team is made up of Dr Youssef, Dr Michelle, receptionist Audrey and Nurses Julie and Deb.

The principal general practitioner, Doctor Ahmos Aziz Youssef has more than 30 years' experience in adult medicine and general practice.

He has practised in many different parts of the world including: Egypt, United States of America, Saudi Arabia, and Malaysia before moving to Australia 16 years ago.

Since then he has worked in a number of hospitals and general practice centres in Queensland before settling down in Hervey Bay.

Being a Fellow of the Royal Australian College of General Practitioner, Dr Youssef specialises in child health, women's health, reproductive health and skin surgeries as well as adult medicine. He also has various overseas specialist certifications.

Dr Youssef is also a keen sports enthusiast in his free time. He enjoys swimming, table tennis, tennis, badminton and soccer. Getting active is his favourite pastime.



Heads Family Practice

After a long day of work at the clinic, he loves winding down with a glass of good wine and watching a good movie or documentary on Netflix

with his wife, Audrey.

As the Principal of River Heads Family Practice with an experienced team of medical and non-medical staff, Dr Youssef looks forward to meeting and contributing to the community of River Heads and its vicinity with his vast expertise.



Meet the team

Right: Dr Youssef, Dr Michelle and Audrey receptionist and administrator.

Left: Nurse Julie and Mark from River Heads Pharmacy. Missing from photo is Nurse Deb

Fishing club news

It has been a rather lean month, with the unfavourable winds discouraging many anglers from going fishing.

Our regular fish meet didn't have a good turnout, being the week after the interclub with the wind and tides not in our favour.

Congratulations to Burt for his 26cm whiting and Graeme's grandson Emil with a 55cm cod on winning the largest fish and secret size.

Junior prize also went to Emil for his three fish. Well done.

Our next fish meet will be on Friday, Saturday and Sunday November 3-5. There will be a barbecue and weigh in with prizes on the Sunday. Followed by our annual general meeting.

Please come down and support the club.

For the club to continue we need members to step up and nominate for positions. These positions can be filled on the day. All positions will be vacated on the day but the new committee will not have to officially start their duties until January 1 so all new committee members will have support for two months from the previous members.

Our next chook raffle night will be November 10 with three draws and four prizes in each draw. (1 meat tray, 1 breakfast tray, and 2 chookies in each raffle)

Don't forget if anyone has any containers that meet the "Containers for Change Criteria" and would like to donate them to the fishing club, just drop them off at the Fishing Club shed in the undercover area any time or to the hall on a Friday bistro night and they will be processed by the club. Containers for change are now also taking wine bottles.

The River Heads Fishing Club annual general meeting will be held on Sunday November 5, 2023 at the RHPA Hall. This will kick off after the weigh in and we welcome new committee members to nominate.

The photo below was taken at the River Heads boat ramp around the night of Monday October 23. This is in poor taste dumping frames at the ramp and gives us fishos a bad name.

Judging by the number of fish in this photo I don't think it was a regular fisherman using just rods.

This is only a part of the fish carcasses dumped which were All Barramundi. They have a possession limit of 5 per person, and a boat limit of 10 per boat with two or more people on board.

If you have information about whoever dumped these carcasses and you believe it was above the bag limit mentioned above, please report them to the Fishwatch Hotline on **1800 017 116.**







Out and about: River Heads Fishing club photos









Wildlife Matters

By Diane Christensen



Drink and be satisfied

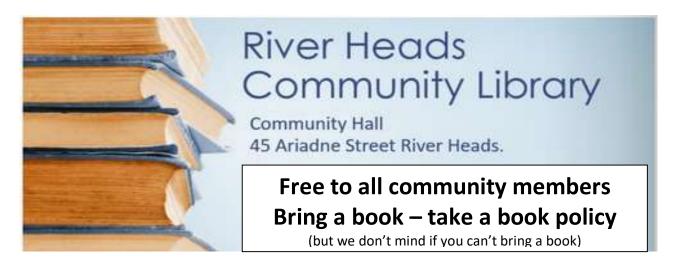
by Sue Watson

When Jesus went out of his way to visit the woman at the well in Samaria he had on thing on his mind. He saw a story of heartache woven through this woman's life and he knew he had the power to change it in a moment. So He asked her for a drink then he said something profound:

"If you drink from Jacob's well you'll be thirsty again, but if anyone drinks the living water I give them, they will never thirst again and will be forever satisfied! For when you drink the water I give you it becomes a gushing fountain of the Holy Spirit, springing up and flooding you with endless life!" Joh 4:13-14.

In other words he was saying: "you have been dry and thirsty but now it's time to change your story, your life, and get you out of the bad situation and you'll then become a spring of life for others!" That's what He is saying to you today.

Adapted from Nate Johnson – A Time for Restoration



Council news

Don't let the catch of the day be an osprey

Brighter, easier-to-use tackle bins and new awareness stickers have been rolled out on the Fraser Coast to help protect wildlife.

In recent years, several Ospreys have died from injuries sustained by becoming entangled in incorrectly disposed of fishing tackle.

In August 2020, well-known Urangan Osprey, Queenie, was snagged and pierced in her chest by a double gang fishhook.

Despite undergoing emergency surgery, she died from her injuries.

"The brightly coloured bins will stand out more, so hopefully will be used more," Cr Zane O'Keefe said.

The bins have been supplied free by recreational fishing group Ozfish to supplement existing bins installed as part of previous environmental campaigns.

"The bins will be emptied regularly, and I urge fishers to use them rather than discarding their unwanted bait bags, fishing line and tackle into the waterways or leaving it on the piers, beaches and riverbanks," Cr O'Keefe said.

"The project is part of Council's focus on preserving our unique natural environment and lifestyle."

Bins will be placed at:

- Urangan Pier
- Maaroom boat ramp
- Toogoom boat ramp
- Tuan boat ramp
- Ross Street boat ramp, Burrum Heads
- Lions Park boat ramp, Burrum Heads

"It accumulates in their stomach, and they starve, or animals such as turtles cannot swim or dive for food.

Litter impacts birds, fish, and other marine life, Cr O'Keefe said.



"The litter pollutes habitats; it snares and entangles birds, marine creatures and fish, and many marine animals mistake floating plastic rubbish for food.

"The rubbish also has an impact on our fishing experience. No one likes to fish when the fishing spot is littered with rubbish, discarded tackle, or smelly bait bags."

To help spread the word about the tackle bins and the danger posed by discarded tackle, Council has produced a free bumper sticker available from Council customer service centres, libraries and the Hervey Bay Regional Gallery.

"We hope people will display the sticker to spread awareness about the bins and the need to clean up discarded tackle." Cr O'Keefe said.

Council has also installed information signs at the entrance to the Hervey Bay jetties and Urangan Pier outlining how fishing tackle can harm wildlife.

The signage includes helpful hints on what to do if you come across animals affected by fishing tackle.

Council news



People who come across injured animals can contact the Animal Hotline RSPCA: 1300 ANIMAL (1300 264 625) or the Department of Environment and Science (DES) on 1300 130 372.

- Dispose of used fishing line in the tackle bins provided, or take it home and bin it.
- Pick up and responsibly dispose of any discarded fishing line and other tackle you find.
- Encourage others to do the same.
- DON'T CUT THE LINE! Any animal entangled in fishing line will need to be carefully pulled to shore so the hook and/or line can be removed and its injuries properly assessed.
- Call for assistance and advice. Hooked or entangled wildlife often have injuries or trauma that aren't always obvious. A thorough examination by an experienced carer or vet is always recommended.

Christmas Lights Trail in 2023

Fraser Coast residents lighting up their homes for Christmas are encouraged to let Council know to be part of the 2023 Christmas Lights Trail.

Mayor George Seymour said Christmas lights displays were an important part of our festive season celebrations.

"If you're decorating this year and want to be part of the 2023 Christmas Lights Trail, we'd love to hear from you."

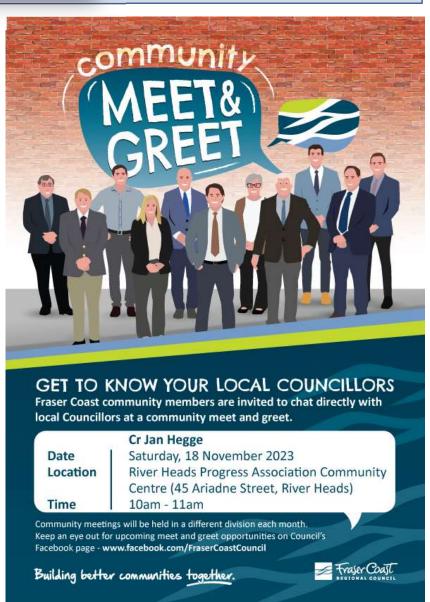
To take part in 2023, fill in the online registration form that is available at www.frasercoast.qld.gov.au/festive. Or call 1300 79 49 29 to ask a customer service officer to help.

Council will have an interactive online map of the lights displays on its website from early December.

Residents can also get together to try for the coveted Christmas Street award, with a minimum of three houses needed to register.

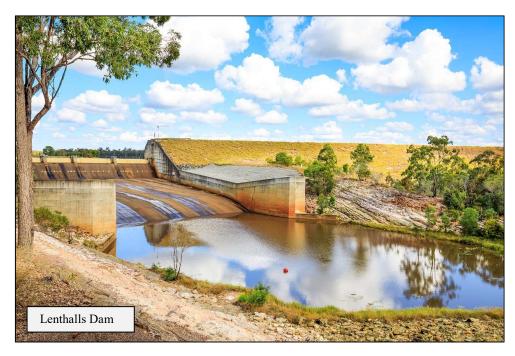
The winning street is presented with the 'Christmas Street' sign displayed under their street sign for the next year.

Registrations for the 2023 Christmas Lights Trail close at 5pm on Wednesday 22 November to give Council time to create the maps.



Council news

Fraser Coast water grid planning almost complete



"The Fraser Coast's drinking water supply network includes 1100km of water main, which is equivalent to driving from Hervey Bay to Sydney," he said.

"By connecting our two service areas into a single network, water can be pumped both to and from Maryborough and Hervey Bay. "It will mean we will have a more resilient and efficient water supply network, as it would mean more use of the region's water collection, treatment and storage assets."

A concept design and preferred route for a pipeline connecting the Hervey Bay and Maryborough water supply schemes is expected to be completed by the end of the year.

Fraser Coast Regional Councillor David Lee said while our current water supply system can support population growth beyond 2050, building a Fraser Coast water grid would help provide long-term water supply security for the region.

"Council recognises that water is our most valuable resource, and in early 2022 endorsed the 'Fraser Coast Water Supply Security Strategy – Planning Report' as the guiding document for future investment in the regional water network," he said.

"The report found that a water grid, combined with the continued use of moderate water restrictions and the development of a demand management strategy, would ensure a secure, reliable and affordable water future for the Fraser Coast."

Cr Lee said Council had engaged engineering services company Stantec to assess the routes and preliminary costs of a Fraser Coast water grid and develop a concept design of the preferred route.

Cr Lee said work was also underway on a demand management strategy to consider how water can be used more efficiently.

"The water supply security strategy found that Fraser Coast residential water consumption is about 240 litres per person per day on average, compared with about 156 litres per person per day in south-east Queensland," he said.

"This shows that our overall water consumption is not excessive, but there are opportunities to reduce demand and use water more efficiently in our homes and on our lawns and gardens.

"It's all about balancing demand and costs to ensure we have a safe, reliable and secure water supply for all residents of the Fraser Coast now and into the future."

The Fraser Coast Water Supply Security Strategy and other Council water strategies are available at https://www.frasercoast.qld.gov.au/securing-water-future More information about the community engagement process for the project is available here - https://frasercoast.engagementhub.com.au/water-supply-security-strategy

Community group profile

The She Shack one year on

It's been a little over a year since a group of women got together and decided to create the She Shed. Many ideas were put forward, many of these have been achieved such as helping out in the community garden and hall and workshops.

There have been some changes including our name. The She Shed seemed to evoke images of muscle shirts and handyman tools for some – that ain't us, it was decided.

So have we figured out who we are as a group? Not really. One nice thing about the She Shack is its lack of structure. We have no committee, we just come together once a week, decide what we want to do and go with it.

Many of our members have great talents and have stepped up to do workshops or hold events at their home (thank you Michelle). We have enjoyed bracelet making, mosaics, art days and meditation.

We welcome new ideas and next year would love to incorporate more out-of-town escapes. If there is something you would like to do with a group, let us know.

Above all, the main goal of the She Shack is for women of all ages and backgrounds to come together and form friendships. This has been our shining achievement.

Our next event is on November 28 from 9.30 to 11.00am.

Ann will be hosting a QCWA Country Kitchens Christmas cooking demonstration and showcase.

The Queensland Country Women Association's Country Kitchens program is a health promotion program supporting communities across Queensland to adopt healthier lifestyle behaviours.

It is a partnership between the QCWA and the Queensland Government, funded through Health and Wellbeing Queensland.

Everyone welcome.



What's happening in the hall

Patchwork and quilting

Held at the Community Hall on Mondays, February through to December, 09:30am-2pm

BYO Lunch and drinks please.

Projects to suit all types of sewing machines.

For more information contact Judy on 4125 7726 or 0427 000 982



Wednesday pool night



Numbers continue to grow in the Community Hall for Wednesday night pool. There is great camaraderie among all players, women and men, and we are starting to see younger people come to learn the skills of playing pool from older players.

Pool kicks off at 6pm and ends when the last players are ready to leave, usually around 8:30pm but sometimes its 11pm—when the bar closes!

There are two tables with overhead lighting. Write your name on the board and you will be partnered for a game or two. The Bar is open for patrons over 18 years of age.

Pool players only stop if the Wednesday night falls on Christmas Day or New Years Eve/Day. The pool players work this out between themselves.

Come along and see if you can pocket the ball! "Make every easy shot, and make every shot easy" Call John on 0741258362 or 0419 663 100 for more information.

What's happening in the hall

Social Indoor Bowls

Social indoor bowls was first formed in January 2003. As the hall was not big enough to accommodate a proper game of indoor bowls, the first group invented what we now still play, a game which is part indoor bowls and part outdoor bowls. The rules we play are slightly different to other indoor bowls groups - more social and fun! Presently we have between eight and 16 players.

It is a fun social game held every Wednesday from 1.30pm to 3.30 pm with a break halfway for a cuppa and biscuits. Anyone is welcome to

come on down and play and you need not have any experience.

Please call either Mike or Robyn Allam on 07 41257683 for further information.

RHPA membership information

What your membership gives you

- Discounted members' meals and drinks at the Friday evening RHPA Rivers Bistro & Bar
- Complimentary birthday meal at Rivers Bistro to the value of \$15
- Automatic entry in the membership draw 7pm at the RHPA Bistro & Bar.
 Members must be financial and present at the draw.
- · Reduced rate for RHPA community hall hire
- Reduced rate for advertising in the River Heads Review
- · Reduced rate for party equipment hire
- · Other great discounts coming your way

RHPA membership is \$30 and is open to all residents and visitors to River Heads.

Forms can be downloaded from www.riverheads.org.au/membership

Membership renewal is due July 1 each year.

Half yearly membership will be applied at \$15 from February 1 to May 30.

June will be included in a full year membership from that month.

Don't delay – join today

The River Heads Review

CONTIBUTIONS AND ADVERTISING

Ways to advertise in the review

Yearly subscriptions: business card, 1/4 page, 1/2 page or full page

One off: 1/4 page, 1/2 page or full page ad in one edition only

Advertorial: 1/4 page, 1/2 page or full page ad with same size editorial space.

Email:

revieweditor@riverheads.org.au leaving your phone number so we can call or email you back to discuss sizes and prices.

Contributions of editorial, photographs and ads

Please send editorial as a word doc, not formatted.

Photographs and advertising emailed as an attachment to your email NOT embedded in the email or word doc.





Membership Application Form \$30 per person [over 18 years] - due annually on 01 July

45 Ariadne Street River Heads Qld 4655 Phone: 0487 097 700

	First Name	Family Name	Birthday Month	Birthday Month				
Applicant 1 Details	Occupation	Mobile #	Landline #	Receive a \$18 Bistro voucher month.	valid for your birthday			
	Email							
	First Name	Family Name		Birthday Month				
Applicant 2 Details	Occupation	Mobile #	Landline #	Receive a \$18 Bistro voucher month.	Receive a \$18 Bistro voucher valid for your birthday month.			
İ	Email							
Postal Address	Street		PO Box # Su	burb	Post Code			
In Case of Emergency	List a family member or contact	First & Last Name	<u> </u>	Contact #				
Contact	Do you wish to be emailed a link of River Heads Review ☐ yes			any other RHPA related informati link delivered to your email Dye	_			
Applicant 1 Signature					Date			
	If you ret	urn this form via email, and use ti	he Direct Deposit method	of payment, there is no need to	sign			
Applicant 2 Signature					Date			
Skill Sets	We have the following skill set wh	ich may be available to assist the	e RHPA e.g., painter, elec	ctrician, graphic artist				
	Please contact	me as I would like to becom	ne a volunteer in the f	following areas:				
Volunteering	Bistro Bar food preparation / chef must	Special Eve		,	hing else re help is needed			
I/We Agree								
Applicant 1 Signature			this form via email, using ere is no need to sign	g the Direct Deposit method of	Date			
Applicant 2 Signature			this form via email, using ere is no need to sign	g the Direct Deposit method of	Date			
The RHPA is required to advise all members that we hold public liability insurance to the extent of \$20,000,000. Note! Full membership is only available to those over 18 years of age. Children 18 years of age and over are not covered by a parent or guardian's application but are welcome to attend age appropriate RHPA events and functions.								
Detai	ils for paying your \$30	Annual Membership	Fee (per adult)	via Direct Deposit o	r Cash			
Direct Debit			ount Number 162757926	Please use your fi names as the paym				
Cash / If you prefer to pay in cash or cheque, please bring this form with you to Friday Night Cheque Bistro night where a receipt will be issued to you.								
You will be notified of acceptance of your Membership Application via email, and issued a Membership Card at Community Hall most Fridays between 5:30pm-7:30pm								
Click here to email this form to the Membership Registrar If this button does not generate an email with the form attached, please email to registrar@riverheads.org.au								
Office notes Applicant 1 paid Applicant 2 paid Amount Paid SCASH Cheque Direct Deposit Receipt No								
Name of Committee Member/Volunteer Receipting Membership Form & Fees Receipt Date								
RHPA-FORM-0001	The RHPA will use your info	rmation only for the purposes	of maintaining a Memb	bership Register and providing	Page 1 of 1			













Margaret Horlock

Commercial & Succession (Wills & Estates) Lawyer



0409 413 943 margaret.horlock@me.com

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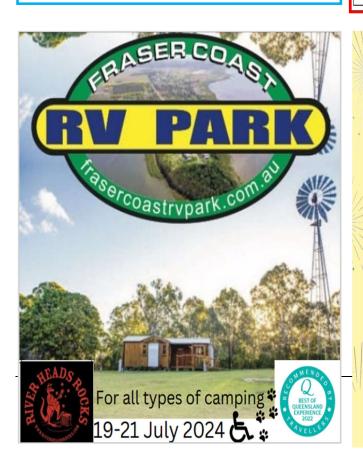


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I have site 134a at Nikenbah Markets every fortnight & will be attending other events throughout the year including River Heads Markets.

I sell Aroma Jars of Scoopies which you can purchase to fragrance your Caravan, Car & Home so come and visit my Facebook page 'Sassy Melts' Join & Like my page to see all my new fragrances available & where i will be selling

Call/Text me direct on 0458267406 to arrange an order.



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Breathtaking Water Views

Market conditions have continued to be fairly stable over the summertime and whilst the amount of sales happening is not on par with 12 months ago we have not seen a big drop in prices across our area.

Land sales are still strong with smaller block with views selling for between \$250,000 and \$290,000 and half acre block selling for between \$300,000 and \$450,000 despite the difficulty of getting a home built straight away.

House prices are also holding steady with 3-4 bedroom homes on smaller blocks selling for between \$500,000 and \$750,000 meanwhile homes on half acre blocks are getting a minimum of \$750,000 up to \$1.2m

We are seeing a lot of agencies pushing out here to River Heads but none can offer the unmatched local knowledge and personal service we can offer.

If you are thinking of selling and would like an obligation free market appraisal please contact us and talk to one of our experienced sales staff.

Kaleena Bracken - 0429 405 109 Laurie McDonald - 0413 518 299

Visit us today at River Heads Shopping Village

find us online





+

Contact Us

Office 07 4125 7777

Shane Logan 0409 796 249

Margaret Berrell 0421 819 124

RENTALS

Wanting a relaxed lifestyle with great views and great fishing?

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Contact our office on (07) 4125 7227

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\$15



RIVER HEADS PROPERTY SALES