

River Heads Review

Community news



River Heads Progress Association

The River Heads Progress Association acknowledges the Butchulla people - the Traditional Owners of the land we live, work and play on, and pay our respects to their Elders, past, present and emerging.



Full story inside

Beards off for charity

Rivers Bistro & Bar

– Friday nights @ 5.30pm

1st Friday
BBQ &
Live Music

2nd Friday
Bistro & raffles +
Fishing Club Raffles

0487 097 700

3rd Friday
Bistro & raffles

4th Friday
Foodie Friday
with Wendy

5th Friday we rest

RHPA Christmas Dinner

December 5 @ 5.30pm

\$30 pp & \$10 for kids under 10



Bookings are essential
So call 0487 097 700 or
go to the RHPA website



45 Ariadne Street (opposite the shops)



Still vacant
Bistro manager
Roster coordinator
If you are able to fill either position please call 0487 097 700 or email info@riverheads.org.au



Bring your talent, bring your smile and bring your amazing self to volunteer at the River Heads Community Hall.

Call 0487 097 700



Advertising in the Review

The Review is published monthly. Print copies are distributed among local businesses, digital copies emailed to RHPA members and available on the RHPA website. A separate digital advertisement is also uploaded to the website.

Costs:	Annual \$ (for 12 ads)	Single \$ (for one ad)
1/8 page	65	-
1/4	135	55
1/2	260	80
Full page	500	120

Advertisorial spread (single)

1/4 page ad + 1/4 editorial	70
1/2 page ed + 1/2 editorial	95

Advertising and photographs to be contributed as jpeg. Editorial as a word document, no formatting.

RHPA contact information

Executive committee	President Vice president Treasurer Secretary	Keith Morrison Ian Marsden Jenny Gordon Karen Hensel	president@riverheads.org.au vicepresident@riverheads.org.au treasurer@riverheads.org.au secretary@riverheads.org.au
Management committee	Assistant treasurer Assistant secretary Membership & key registrar Events coordinator Bistro manager Bar coordinator Roster coordinator Website content manager Website administrator Emergency coordinator Social media coordinator Review editor	Geoff Mealing Alison McGarry Cheryl Morrison Suzanne Taylor VACANT Mark Hensel VACANT Sheree Henley Total Website Management Mark Hensel Coral Albrecht Tracey Morton	treasurer@riverheads.org.au secretary@riverheads.org.au secretary@riverheads.org.au events@riverheads.org.au secretary@riverheads.org.au bar@riverheads.org.au webmaster@riverheads.org.au emergency@riverheads.org.au info@riverheads.org.au review@riverheads.org.au
NC positions	Historian	VACANT	
Sub committees	Fraser Radio Reserve	Ed Martin Mark Hensel	info@fraserradio.com.au info@riverheads.org.au
Hall activities & services	Day	Name	Contact
Hall bookings & takeaway	Fri only	Keith Morrison	0487 097 700
River Heads Fishing Club Inc		Ben Flanders	riverheadsfishingclub@gmail.com
Patchwork & quilting	Mon am	Judy Smith	4125 7726/ 0427 000 982
Library	When hall is open		0487 097 700
Garden Club	Needs new committee		0487 097 700 or info@riverheads.org.au
Indoor bowls	Wed 1pm	Mike/Robyn Allam	4125 7683 or Michaelallam@hotmail.com
Social pool & bar night	Wed 6pm	Mark Hensel	info@riverheads.org.au
Fire emergencies		RH Kingfisher Fire S	000 or 0499 987 147
Justices of the Peace		Jacquie Rein JP	0419 740 647
Wildlife carer		Rose Wright	0427 971 020
Wildlife Rescue FC		EC Exotic Haven	0499 453 674
First responders		Matthew Steer	0487 097 700

**A Heartfelt Thank You
TO ALL OF OUR
AMAZING VOLUNTEERS!**
We couldn't do it without you!

Doug and Coral - volunteers in so many ways!

Coral spent a lot of time this year raising our social media presence and contributing fresh ideas to the committee. She can often be seen behind the counter of the Bistro helping out on those busy Friday nights. All this while running her own business, The Depot Espresso Bar.

Then there's Dougie, elbow deep in suds washing dishes in the kitchen or working around the hall whenever he's needed. Also while running River Heads Excavations.

We appreciate this busy pair so much.

**Thank you
Doug & Coral
Albrecht**



A message from the Pres - Keith



It's just about tinsel time which means we're closing in on the end of the year.

And what a year... Things keep getting better for the Association and more importantly for our community. New committee members, new ideas, and an exciting outlook for 2026.

I am so proud to call River Heads my home and honored to be the President of this long-established association. But nothing has moved me more than the privilege and honor of presenting two of our long serving and hard-working members, the accolade of Life Member which is a testament to them.

Of course, I'm talking about Liz Stewart and Mark Hensel. Both, of these fine community members were nominated for their continuous volunteering and dedication to the association, bringing their expertise to a variety of events and projects, helping to bring the River Heads community together. It is a pleasure to work alongside them and my sincere congratulations to you both, well deserved!

Back to the jingle bells subject; Liz, Karen and Wendy have been planning, scheming and putting finishing touches to the big end of year Christmas

dinner menu. This is a ticket only event which will include music, prizes and lots of fun. And once all tickets are gone, the "sold out" banners will go up.

My advice, get in quick because at last check, we were down to about 30 tickets. If you feel you can help out, be it setting up tables the day before, helping to plate up or washing a few dishes after the event, please tap one of the committee members on the shoulder and let them know you're available.



Popular RHPA volunteers Liz Stuart and Mark Hensel presented with life membership

John Weiland – Councillor Division 7



Here we are in the final quarter of 2025, traditionally the busiest time of the year for most of us. As many would know, one of the main topics being discussed at the moment is the Torquay Caravan Park. If you haven't already, please visit Council's website homepage and complete the feedback survey. Your input is extremely valuable in guiding Council's upcoming decision on this matter.

Another key focus for me right now is ensuring adequate repairs to the River Heads pontoon. Despite several requests for action, I continue to receive reports of unsafe conditions and damage to boats. This is simply not good enough, and I'll keep pushing until the job is done properly. As the saying goes, the squeaky wheel gets the grease! Looking ahead to the new year, I'd like to encourage all River Heads residents to lobby our State Member, as I will be doing, to have the pontoon replaced altogether.

With the State Government setting its budget in June, it's vital that they understand just how important this infrastructure is to both River Heads and emergency access to the Island. Let's work together to make our voices heard.

Council will soon begin budget discussions over the coming months, and I'll be holding a series of five community chats to gather your thoughts and feedback. While it's impossible to find times that suit everyone, I've tried to schedule sessions that work best for most people based on your input.

I look forward to seeing you there and continuing our work together.

River Heads Community Chats

Monday, November 10 – Community Hall 8-9am

Friday, November 14 – Community Hall 5pm on the deck (stay for dinner)

David Lee MP



Anchors away in the Great Sandy Straight

The LNP Government has launched a new 12-metre vessel to patrol waters from Double Island Point to Baffle Creek. The \$2.6m vessel was built in

Queensland and features cutting edge technology, including solar panels and increased fuel efficiency. The *Bunbee* will help rangers monitor compliance, educate the public, and protect the incredible biodiversity of the Great Sandy Marine Park. The *Bunbee* showcases the impressive capabilities of Queensland businesses and the exceptional skills of the workers they employ. The vessel is made from durable glass-reinforced plastic and features advanced navigational technology, twin diesel engines, and solar panels for improved fuel efficiency.

The Great Sandy Marine Park is home to turtles, dugongs, and migrating whales.



Already in the water and on patrol, the *Bunbee* is now officially on patrol and serves as a significant upgrade for the DETSI fleet – offering a faster, more efficient and better equipped resource to protect Queensland's marine treasures and support the state's thriving tourism industry.

The *Bunbee* is a shining example of the Crisafulli Government supporting Queensland businesses, while also protecting our priceless natural environment.

Until next time, take care.



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Concession card holders and children below 16 are bulk-billed

Bulk billing at River Heads Family Practice

Starting November 1, 2025 our practice will officially become a Medicare bulk billing clinic.

What does this mean for you? If you are Medicare-eligible, your visit (provided it is a Medicare-eligible service), will be fully bulk billed, no concession card required. Just bring your Medicare card and you are covered.

Why now? From November 1, Medicare is expanding bulk-billing incentives to include all eligible patients. This change helps support our doctors and ensures more people can access quality healthcare without financial stress.

We're proud to make healthcare more accessible for our community. Please help us spread the word



Community news

Growing our community garden together

After months of searching, our community garden finally has a caretaker - Together We Grow Foundation, a non-profit organisation that delivers early childhood intervention services across the Fraser Coast.

The group has enthusiastically taken on the project and within days its members cleared and cleaned the site ready to grow both plants and community.

Save the date for their Community Garden Day and stay tuned for big plans ahead.



Together We Grow Fundraiser

River Heads National Community Garden Day

Saturday, November 29 @ 9-11am

**At the River heads Community Garden
(next to the hall)**

Vegetable planting, face painting, sausage sizzle, make a dream catcher or build a windmill. Bring your picnic blanket and enjoy a fun morning with the family

Join us in celebrating community, connection and growth. All proceeds support the Together We Grow Foundation, helping deliver free early childhood intervention services for families with children birth to 5 years old across the Fraser Coast.

Your generosity helps local children reach their developmental milestones and gives families the support they need to thrive.

Together we can help children grow strong roots for a brighter future.



DOUG ALBRECHT
0412178339
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Fishing Club news

Our October meet had another great turnout, with plenty of laughs, friendly competition, and some cracking catches.

Big catch winners

Ladies: Amanda – [Catch details not recorded]

Mens: Kasey – [Catch details not recorded]

Junior: Will Sayers – [Catch details not recorded]

Code Word: Alpha. From the Greek meaning “first” or “primary” — fitting as we celebrate winning the 2025 Interclub Competition

Meat tray legends

Kaitlin and Becca – winners of the classic trays

Celena – took home the mega meat tray

A huge thanks to our mates at Kawungan Quality Meats for keeping our BBQs sizzling and our bellies full.

Sponsor Shout outs

We couldn't do it without the support of our sponsors: The Meat Station –snags that fuel the crew, Fisho's Tackle World HB – gift vouchers, Anaconda and BCF HB – prize support, @Bakehouse 13 – fresh bread for the sanga's.

New club merchandise is here

Tumblers and stubbie coolers: \$25.00 members, \$30.00 non-members. Perfect for keeping your drinks cold while reeling in that next big catch.

Marleigh has released a new order form for our latest club apparel range, which includes: dresses, singlets and full zip shirts.

Two different designs available: The club design on short-sleeve shirts and dresses, the large back logo design on long-sleeve shirts and singlets.

Show off your RHFC pride in style.

Special shout outs

A massive thank-you to our volunteers, BBQ crew Bobby and Amanda, raffle runners, and behind-the-scenes helpers — you're the heart of our club.

Your time and effort make every event possible, and it doesn't go unnoticed.

Interclub Fishing Competition

We have officially been crowned the best fishing club on the Fraser Coast after taking out the 2025 Interclub competition shield.

Our team worked hard to bring home the shield this year and we couldn't be more proud.

For those who fished their hearts out, or those who are a big part of the club but couldn't make it, and for everyone who cheered us on, your dedication, commitment, and passion make this club what it is.

We're absolutely stoked with this result. Let's celebrate and keep making River Heads Fishing Club the best fishing club on the Fraser Coast.

Keen to get involved next time? Let us know.



Save the date

Club trip away – Oct 31-Nov 2

Nov fish meet (inc AGM) November 7-9

Friday night raffle – November 14

December fish meet – December 5-7

Presentation night – December 13

Fishing Club – Interclub

The Mondy Classic

What a weekend it was at the Lake Monduran Family Fishing Classic.

A few members from RHFC and their mates took on the lake — and its resident barra — and had an absolute blast

Plenty of laughs, a few heartbreaks, and some cracking barra hit the brag mats.

Young Zane landed a 103cm barra on Sunday, taking out the *Biggest Junior Barra* for the day. Congratulations, Zane — your first metrey is a massive achievement.

It was an awesome effort all round, and the whole crew can't wait to head back again next year.

A special mention to the organisers and sponsors of the Lake Monduran Family Fishing Classic — with 140,000 fish set to be stocked into the dam from this year's fundraising, it's fantastic to see such a positive impact for the future of fishing.

Grilled Barramundi with Lemon Butter Sauce

A fresh, and delicious way to enjoy your catch

Ingredients:

2 barramundi fillets (skin on)

1 tbsp olive oil

Salt & pepper to taste

50g butter

1 clove garlic (minced)

Juice of $\frac{1}{2}$ lemon

1 tbsp chopped parsley

Method:

1. Pat the barramundi fillets dry and season both sides.
2. Heat olive oil in a pan over medium-high heat.
3. Cook the barramundi skin down for 3–4 minutes until crispy, then flip and cook for another 2–3.
4. Melt butter and add garlic cook for 30 seconds.
5. Stir in lemon juice and parsley, then pour over the cooked fish.
6. Serve with steamed veggies, chips, or a fresh garden salad.

Chef's Tip: Perfect with a cold drink and good mates after a long day on the water!



AGM Notice November 9, 2025

All committee positions will be vacated. If you're interested in joining the committee, nomination forms are available to submit by email or on the day.

Get involved, have your say, and help shape the future of our awesome club.

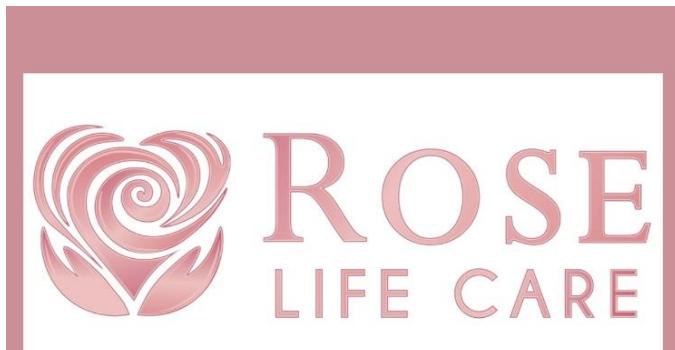
Wildlife matters – The wonders of the sand and mud flats

By Jenni Watts

The Wildlife Preservation Society of Queensland Fraser Coast Branch had their October Walk across the intertidal sand and mud flats at Point Vernon.

Two walks were on offer to the 35 registered. One across the flats to Mungomery Vine Forest at Dundowran Beach and the other took a gentler stroll to the mouth of Eli Creek where they saw Green Turtles in the channel and learnt about mangroves.

These walks can be undertaken on a low to mid, low tide, so that you can cross the channel. For our walk the crossing was in ankle to calf deep water. It is



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preferable that the water is clear so that you can see the bottom. It is best to avoid the shoaly sections and to have footwear as there may be stonefish.

At low tide on the flats many of the animals which would normally be out feeding have burrowed into the sand and mud where they cannot dry out. Bigger wildlife like fish retreat with the tide.

Only a few animals can live on the surface at low tide. Small green flat worms and mud whelks browse the surface feeding on alga and/or detritus such as dead crabs.

Armies of Blue Soldier Crabs feed at low tide. Tiny sand pellets remain after they extract organic matter from sand. If disturbed they burrow corkscrew like into the sand and mud for protection.

It is the holes, the sand pellets, strings and coils of faecal masses (mounds of digested sediment), tracks and trails, depressions and so on that indicate there is more wildlife here than meets the eye.

Tiny crabs, worms, crustaceans, gastropods such as snails, and bivalves such as cockles live beneath and emerge at high tide to feed. Others such as yabbies living their whole lives below the water.

It is these creatures that attract migratory waders and other shorebirds to feed. Often these birds have long beaks to probe beneath the surface.

Migratory waders arrive to “over winter”. Having flown thousands of kilometres (some species up to 14,000km) after breeding in the Northern Hemisphere they arrive in August/September to live; feeding to replenish bodies and prepare for the journey back in March/April.

Walkers on the Point Vernon to Dundowran beach walk saw a good variety of migratory waders including the Eastern Curlew, Bar-tailed Godwit, Green Shanks and Pacific Golden Plovers – some with residual breeding plumage.

The sand and mud flats are not flat! The surface is full of ripples sculptured by the wind and wave action, softened somewhat by tiny sand pellets.

There are many depressions. While some can be attributed to fisher people pumping for yabbies many of the depressions are made by fish including the rays, who with their flat bodies half bury themselves in the sediment for camouflage, to rest, and to ambush prey.

Community news – Beards off for charity

Needing a shave, River Heads' own Huxley Althaus decided to make an event of it.

After losing his wife Lyn in December 2023, the care shown in her final days by Fraser Coast Hospice came immediately to mind and he called his mate Joe with an idea.

Joe's response? Sure, let's do that and let's ride the Harleys to make some noise and see if we can get the community involved for a good cause.

And so began "Beard. Hair. Harley. All for Fraser Coast Hospice".

Huxley's son Nevan put his hand up for a shave as well and, not to be outdone but lacking the required chin hairs, his daughter Amanda decided to have her hair cut for wigsforkids, a charity that makes wigs for children with cancer. This made it a family trio and a double win for charity on the day.

The plan came together and word spread to Harley riders with flowing beards to join in. On the day more than 40 bikes took off from the Fraser Coast Hospice and made noise roaring down the esplanade to the Hervey Bay Hotel.

The fundraising afternoon was included raffles and music. One dollar from each icy cold schooner went to the charity so hydration was a must. The crowd laughed and cheered as the many beards, locks and even the odd eyebrow hit the floor.

"The care Lyn received at Fraser Coast Hospice was nothing short of extraordinary. It gave her dignity, comfort, and peace in her final days, and strength to our family. Shaving my beard is a small way I can honour her memory and help support the incredible work the Hospice does for others in need." Huxley said.

A bit about the charity - **Fraser Coast Hospice** is a six bed purpose built inpatient facility that offers a flexible client and family centred model of care. They provide fee-free care to anyone in our community over 18 years of age who has terminal illness.

Fraser Coast Hospice's vision is to provide every adult with access to dignified palliative care. Their mission is to support adults in our care and their families through end-of-life care and bereavement. The Hospice cared for their first patient on October 27, 2021 and with the community's support they will be supporting more families into the foreseeable future.



Library talk

The Fraser Coast Branch of Wildlife Queensland is pleased to welcome Angela Bell from Turtles in Trouble to speak at its November Wildlife Library talk. Turtles In Trouble Rescue (TITR) is a dedicated, community-driven volunteer organisation committed to the protection and rehabilitation of sea turtles across the Fraser Coast region. Its mission is to assist sick, injured, or stranded turtles by providing rescue and support, giving these incredible marine creatures the best chance of recovery and return to their natural habitat.

Angela says: At the heart of our work are passionate volunteers who respond to calls for help, to locate and safely transport turtles. These efforts involve collaboration with specialised marine wildlife facilities to ensure each turtle receives appropriate care, whether it's medical treatment, rehabilitation, or transport.

Operating throughout the Fraser Coast, our volunteers play a vital role in monitoring turtle activity through citizen science and raising public awareness about the threats these animals face—such as entanglements, boat strikes, disease and more. We not only save individual turtles but also contribute to research and the

long-term conservation of these threatened species.

Whether you're a long-time turtle lover or simply curious about local wildlife conservation, this talk is for you. Hear real rescue stories, and find out how you can help make a difference.

The Hervey Bay talk is November 21 and Maryborough November 28. Both talks begin at 1pm. Bookings are essential. Phone the Library on 4197 4220 or book online at Eventbrite.



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Fraser Radio – Narrowcaster to Booral, River Heads and streaming Australia wide

By Ed Martin, station manager

Welcome to our October update. We are planning for future enhancements to the Booral transmitter site, including a larger shed to house equipment. This will provide improved ventilation and additional space. Foundations were completed earlier in the year and we are now in the process of installation.

The annual Mary Poppins festival was held in Maryborough to honour the story behind Mary Poppins. Members of the community joined in wearing period dress to build atmosphere for the event and have fun. Rides, races, parades, market and food stalls were all a part of the festivals line up. An attempt to break the record photographs of groups in character was attempted, unfortunately it fell just short. P L Travers (born Helen Lyndon Goff) author and creator of Mary Poppins was born in Maryborough on August 9, 1899 at the Story Bank. Travers spent most of her life in the United Kingdom and passed away on April 23, 1996 in London.

Another great whale watching season is winding down and we look forward to next year. There is still much to do on the water like sailing, leisure boating, jet skiing, sunset cruises or fishing.



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If you are visiting our lovely area for Christmas tune into Fraser Radio on 88.0 FM River Heads or 87.8 FM Booral and or stream on <https://webplayer.fastcast4u/touristf/>.

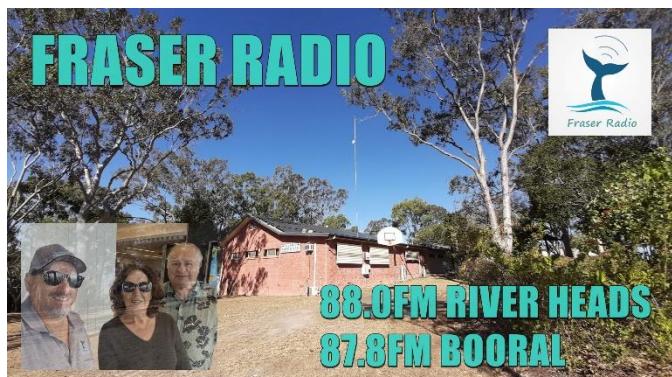
Fraser Radio promotes tourism in the region, so if you would like to have your story included please contact manager@fraserradio.com.au

We provide information about the Fraser Coast of interest to tourists, visitors and locals. Some of our local attractions include K'Gari (Fraser Is), whale watching, Urangan Pier, botanic gardens, waterpark, historical museum and more. If you have something to communicate, consider advertising with Fraser Radio. Check our new Advertisers Index <https://www.fraserradio.com.au/Advertisers%20Index.html>

Our advertising packages include: starter, annual, interview and special event for local businesses and organisations. They include basic production to get your message to air and streamed. Our website offers a range of information and a stream link.

We provide a mix of music along with information segments. We look forward to informing and entertaining our listeners through our content.

Thanks to our supporters: Urangan Fisheries, FCRC, Hervey Bay RSL, and RHPA. And thanks our advertisers and listeners for their continued support.



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Council news

Join the Fraser Coast Christmas Lights Trail 2025

It's time to light up the Fraser Coast and spread festive cheer with registrations open to join the annual Christmas Lights Trail.

Fraser Coast Mayor George Seymour said the trail was one of the most loved community traditions of the year, bringing families, friends and neighbours together to celebrate the joy of Christmas.

"There's something magical about Christmas lights as they bring people together, brighten our streets, and create wonderful memories for families," Cr Seymour said.

"This year, we are encouraging more businesses to light up and join the Christmas Lights Trail.

"It's a simple, festive way for businesses to boost visibility, with decorations that continue to draw attention well beyond trading hours.

Cr Seymour said all registered homes and businesses will feature on Council's interactive online Christmas Lights Trail map, which will be available on Council's website in early December.

"Westminster Court in Kawungan was the winner of the best Christmas Street in 2024, with Ronaldo Way in Urangan winning the title in 2023.

Paul Mewett from Westminster Court in Kawungan said they were thrilled by how many people visited

their street to enjoy the dazzling Christmas lights last year.

"It took us more than a month to set up over 50,000 lights, but it was all worth it seeing the smiles on people's faces," he said.

"Our street is planning to go even bigger and brighter this year as we try to take out the street title for the second year in a row.

"If three or more houses in one street team up, they'll be in the running for the 2025 Christmas Street crown."

Registrations are open and close November 20, 5pm. Register your address online at www.frasercoast.qld.gov.au/festive.



Fraser Coast adopts bold new economic strategy

Fraser Coast Regional Council has adopted a bold new strategy that aims to grow the local economy by \$2 billion by 2036, attract new investment, reduce the region's median age, and create more opportunities for young professionals, skilled tradespeople and families.

Mayor George Seymour said *Fraser Coast Futures 2036 - For a Better Future, Built Together* would guide sustainable growth and ensure the region remained an attractive place to live, work and invest.

"The Fraser Coast has experienced remarkable growth in recent years, with our economy now valued at \$6.2 billion and expanding faster than the state average," he said.

"This strategy is about building on that momentum, supporting local businesses to grow, attracting new industries, and ensuring our young people and families see a strong future here."

It also highlights priority infrastructure projects such

as the Fraser Coast Water Grid, upgrades to the Maryborough-Hervey Bay Road and Tiaro Bypass, and the redevelopment of Urangan Harbour.

Transformational projects, including city centre revitalisation, education initiatives and the expansion of the Fraser Coast Sport and Recreation Precinct, will improve liveability, attract families, and stimulate investment.

Council will track progress through annual report cards and publish updates for the community.

"The Fraser Coast has an extraordinary future ahead if we work together," Cr Cosgrove said.

"This strategy provides the direction, but its success depends on partnerships across government, business and the community. Together, we can build a stronger, more prosperous and more liveable region."

Economic.Development@frasercoast.qld.gov.au

Council news

Literary icons visit Fraser Coast for special author talks

Fraser Coast residents can meet two of Australia's best-known storytellers when Judy Nunn and Fiona McArthur visit the region next month for a series of author talks.

Fraser Coast Regional Council Libraries spokesperson Cr Michelle Govers said the events were an opportunity for local readers and writers to hear from two acclaimed Australian authors.

"Author talks like these allow readers to connect directly with the people behind the stories they love," she said.

"We're delighted to welcome Judy Nunn and Fiona McArthur to the Fraser Coast and encourage local residents to come along, be inspired and celebrate Australian storytelling."

Judy Nunn AM will visit Hervey Bay to share insights into her latest novel *Pilbara* – a sweeping tale of loyalty and survival that spans Yorkshire, Western Australia and French Polynesia.

With more than 20 novels published over 30 years and more than a million copies sold in Australia alone, Judy is known for her authentic depictions of people and places that have shaped the nation.

The Judy Nunn Author Talk is at UniSC Fraser Coast, Pialba Wednesday, November 5, 6-7.30pm.

Rural romance favourite Fiona McArthur will take part in author talks in both Maryborough and Hervey Bay to celebrate the release of her latest novel *The Lightning Ridge Ladies*.

Set in the opal-mining town of Lightning Ridge, the story blends romance and mystery while drawing on Fiona's experiences as a rural midwife. Her novels are known for their warmth, humour and strong female characters set against the backdrop of the Australian landscape.

The two Fiona McArthur Author Talks will be held on Saturday 15 November, at the Maryborough Library 10-11.30am and the Hervey Bay Library 1-2.30pm.

All the events are free, but bookings are required. Attendees under 12 years must be accompanied by a parent or guardian.

For more information or to book, visit <https://www.ourfrasercoast.com.au/Libraries/Whats-On>

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The Review covers all the bases

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**info@riverheads.org.au or call
0487 097 700**

Extra Qantas and Jetstar flights take off

Fraser Coast residents are reminded that extra Qantas and Jetstar flights are making it easier for residents and visitors to connect with both domestic and international markets via Brisbane.

Fraser Coast Mayor George Seymour said the additional services between Hervey Bay, Brisbane, Melbourne and Sydney made travel to and from the region easier than ever as people start planning their Christmas holidays.

The Qantas flights will depart Brisbane for Hervey Bay at 6.10pm Wednesday, Thursday and Friday, and return 6.30am every Thursday, Friday and Saturday. The trial will run to the end of March.

Cr Seymour said the return of early morning and evening flights between Hervey Bay and Brisbane will make it easier for locals and visitors to travel, do business and experience everything the idyllic Fraser Coast has to offer.

Council and Fraser Coast Tourism and Events will continue to work closely with both Jetstar and Qantas to grow air connectivity and support tourism and business opportunities across the region



The Cheeky Home Cook creates - Easy oven baked chicken biryani

2 chicken breasts cubed

2 tsp garam masala

2 tsp cumin

1 tsp turmeric

1 ½ tsp salt

1 ½ black pepper

2 tsp garlic powder

2 tsp paprika

1 cup coconut milk

1 cup peas

1 large capsicum diced

1 red onion diced

2 ½ cups chicken stock

1 ¼ cups Greek yogurt plain

2 cups basmati rice

Method

- Grease baking tray
- Rinse rice and lay over base of tray
- Add diced chicken, capsicum, peas and onion
- Add spices, coconut milk, chicken stock, and yogurt.
- Combine all ingredients well
- Bake at 180c for 1 hour or until done.
- Serve with of lemon and fresh herbs.
- Serves 8



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